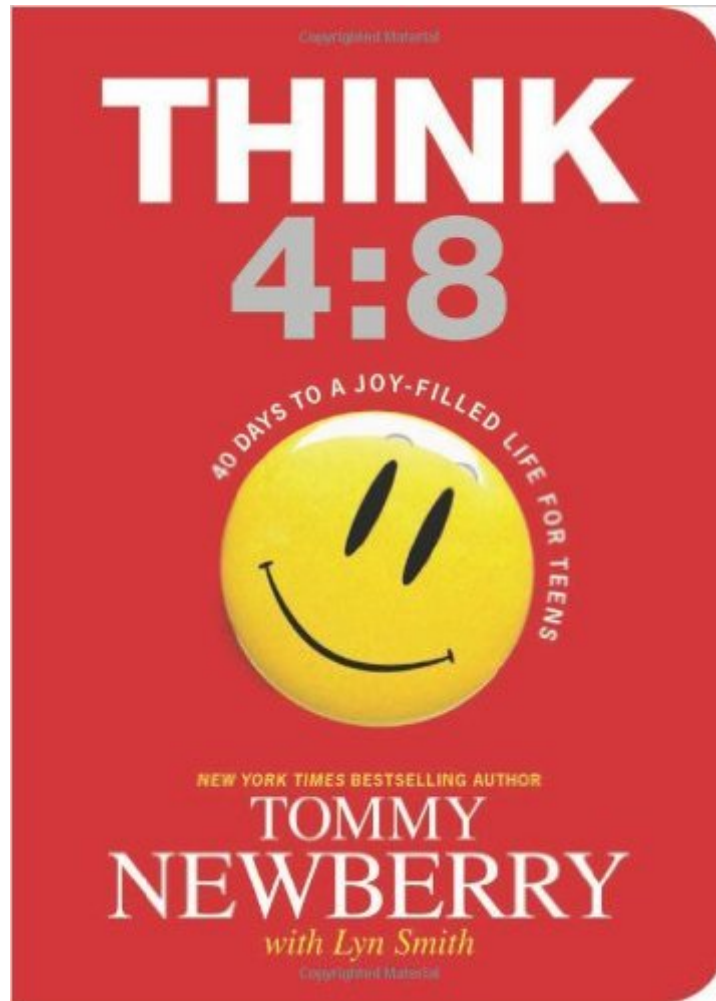


The book was found

Think 4:8: 40 Days To A Joy-Filled Life For Teens



Synopsis

The best-selling author of *The 4:8 Principle* and *40 Days to a Joy-filled Life* returns with a special edition for teens. In just 40 days, teens can change their minds and their attitudes. Tommy Newberry, together with writer Lyn Smith, takes teens from thinking negatively to thinking positively, which will change their entire outlook on life. Not only will this devotional make teens think more positively and have a better attitude, this devotional also points teens to Scripture and helps them understand more about God. The devotions not only help teens understand how their thought life determines their perspective, but they also help them focus their minds on godly truths so they can live out their faith. This book is the perfect way for teens to get a new attitude and start living a fulfilling, joy-filled life in just 40 days.

Book Information

Paperback: 240 pages

Publisher: Tyndale House Publishers, Inc. (September 3, 2013)

Language: English

ISBN-10: 1414387164

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Product Dimensions: 5 x 0.5 x 6.8 inches

Shipping Weight: 3.2 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (35 customer reviews)

Best Sellers Rank: #348,292 in Books (See Top 100 in Books) #50 in [Books > Christian Books & Bibles > Children's & Teens > Teens > Inspirational](#) #58 in [Books > Christian Books & Bibles > Children's & Teens > Teens > Devotionals & Prayer](#) #119 in [Books > Children's Books > Religions > Inspirational](#)

Age Range: 12 - 16 years

Grade Level: 8 - 12

Customer Reviews

All this to be said, I think God can certainly use this book in someone's life, but there should be a deep knowledge of these Bible truths to balance out the affirmations/'you are in control' side to it that occur in this book: I heard about this book as a recommendation, but there are many problems with it that cause it to be somewhat unbiblical. In the very first chapter, a number of false supposed truths exist-the primary one being 'I think therefore I am.' This is deceptive. The Bible says to come to God in repentance to then be changed by the Holy Spirit (Acts 2:38, 2 Cor 3:18). The Bible also

says that God will give good things to those who ASK Him, not to those who think they are something when they are, in fact, not (Matt 7:11, Gal 6:3). This is the lie of 'affirmations'. The author tries to graft in the science of the brain into a book, but it has little to do with walking in the Spirit and God's commands in His Word. This book encourages you to focus and visualize YOUR dreams and goals, not God's commands, in contrast to the great commission: Matt 28:19-20, and Ecclesiastes 12:13-14: to fear God and keep His commands. The author also discourages "negative" attitudes such as anger, when there is a time "for everything under the sun" including hate, war, weeping, and mourning (Ecc 3:1-8). Paul also praises God for the result of grief: 'As it is, I rejoice, not because you were grieved, but because you were grieved into repenting. For you felt a godly grief, so that you suffered no loss through us.' (2 Cor 7:9) and Jesus was "a man acquainted with grief" (Isaiah 53:3). In chapter 8, the author says "Do you see yourself as an awesome child of God?" when, in fact, we must realize we are sinners in need of a Savior first.

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